

## **Empathy in Leadership and the Workplace**

Understanding other people's emotions is a key skill in the workplace. It can help leaders resolve conflicts, build more productive teams and improve relationships with team members. Although many leaders are confident about learning technical skills, they may feel ill-equipped to develop interpersonal skills. In this interactive workshop, participants will explore what it means to demonstrate empathy, discover techniques to create stronger connections to build a culture of honesty and openness, and invest on making a difference to the emotional well-being and productivity of colleagues.



**Live Online Course Course Length:** 3 Hours

## **Course objectives:**

- Define empathy and the three development stages
- Understand the power of empathy in the workplace
- Demonstrate practices to become a more empathic leader
- Develop an action plan to improve empathy skills

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